

GYM TURF INSTALLATION GUIDANCE

Tools needed for installation:



Installation Methods:

- 1. You could directly fix the turf on the existing floor, which can be concrete, wooden floor, rubber mats, tiles and other hardened flat surfaces.
- 2. You could lay it down, fix it on the ground and use some edge trim strips along the turf to protect the edges of the turf.
- **3.** You could also embed the turf between the rubber flooring, in order to keep the turf and rubber tiles at the same height. For this, it's best to first measure the thickness of your existing flooring. The turf usually comes in 10mm, 15mm, or 20mm thickness. If the turf is not thick enough, you may need to add an underlay beneath it to raise the height and make it level with the surrounding floor.



Installation Steps:

1. Make sure the ground is clean. Use a brush or a vacuum cleaner.

2. Roll out the turf, and make sure its 100% flat, if necessary, please use weights on the turf and lay it for 24 hours at least.





3. Before installation, measure the dimensions carefully and place the turf in the correct position. Then trim off the excess and fix it in place.

We usually add a bit of extra length and width to each roll so that if the installation area is not perfectly straight, you'll still have enough material to trim and adjust accordingly.

4. Then use glue or double sided tape to stick the turf to the ground.

- For installations with glue, we recommend applying glue to the entire backing to ensure better durability and long-term performance.
 - Tape can be used at the edges of the turf and part in the centre.



If you need to joint several pieces of turf together, please refer to the following steps:

- A. Simply laying the pieces of turf over the area;
- B. Using an utility knife, cut the turf (on backside) to fit the area; Please don't forget to cut the edges of turf as straight as possible, so after two pieces of turf jointed together, there will be no obvious jointing traces.
- C. Then, fold back the pieces of turf, roll out the joint tape in the middle of the two pieces;
- D. Brush the glue on the joint tape and on the backside of the turf edges as well;
- E. Put down the edges. (Be sure that NO grass yarn stick to the joint tape).
- F. Step on the seaming places and the edges repeatedly, to make sure that the turf is firmly fixed on the ground. If necessary, put some weights on the turf seaming places and edges. Lay it for 24 hours.
- 5. Vacuum clean the track for finishing touch. Track is ready for use.



Gym Turf Maintenance Guidance:

- 1. Use a vacuum cleaner (with brush) to clean the gym sprint tracks OR Use the wet (not too wet) mop to wipe the sled track turf when it gets dirty.
- 2. Avoid contact with very hot materials (or close proximity to glass structures) to prevent shrinkage of the gym grass fibers.